



A bright spark

Eighteen year old Craig Urquhart from Inverness is drawing on his own experiences to become a mentor for other at-risk young people

While some of us look back on our school days with great fondness, others like Craig Urquhart would prefer to forget the whole affair. "I was going absolutely nowhere at school," says Craig. "I was pretty badly behaved and I just didn't want to be there. I didn't want to study stuff I knew I was never going to use in my life, so if a teacher asked

"It was just like being with your mates"

me to do something I would be cheeky back, or swear at them. I was referred to a counsellor for my anger issues, but it didn't really help."

At just 15 Craig was in danger of being written off by his teachers until he was referred to the DAY1 mentoring project, known for its successes in helping young people to reach their potential.

PROUD

"What turned it around for me was my DAY1 mentor, Jen," says Craig. "She helped me find out what I really wanted to do. We went out and did stuff together – it was just like being with your mates, even though she was older than me and an expolicelady! Jen took the

time to understand me properly and helped me realise that the way I was acting was really immature.

"The best thing about DAY1 is that they don't see you as a bad person who's going nowhere; they try and see the good side of you. I don't want to imagine what would have happened to me without their help."

Soon things were looking up for Craig when DAY1 arranged for him to go to college and helped him to get his first job as a trainee technician. "That was a turning point for me," he says. "Then they helped me get a four-year apprenticeship with an engineering company, and now I have a

What BIG did

DAY1 Ltd is a mentoring project which works in partnership with schools and large employers in the Highlands. The charity received £77,904 from BIG to provide young people between 14 and 17 with a year-long one-to-one befriending and mentoring service.

permanent job as a pipe fitter and welder which I really enjoy. My granddad was an engineer and he says I have done him proud."

But the story doesn't end there for Craig. The staff at DAY1 are so impressed with his achievements that they have asked him to become a mentor to other young people.

"I've just finished my training", says Craig.
"I am getting a "DAY1er" soon – a 15-yearold boy. Being a mentor feels really good – I
feel so grown up! I think I'll be able to
understand a young person because I'm
young myself, but I'm also a lot more
sensible now than I was at 15, and that's all
thanks to DAY1." BIG

